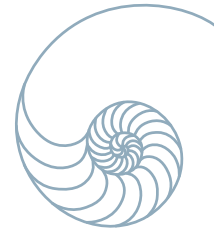


# The Holistic House



DUJARDIN  
DESIGN ASSOCIATES



Interior design is my passion and a healthy home is my goal. I've been fortunate to live my life doing what I enjoy and making a difference in people's lives.

This little book of "home" is a glimpse of the design created by my firm, Dujardin Design Associates. The luxurious design may be apparent but the clean, toxic-free environment is invisible to the eye...but not to the body.

This book is my gift to you in hope that you will find enjoyment and inspiration in the words and pictures.



I have  
witnessed  
many changes  
on the island  
over the years,  
but this I  
know: to live  
in harmony  
with the island,  
with nature,  
with its fragile  
ecosystems, is  
to get at  
the real heart  
of things.

6

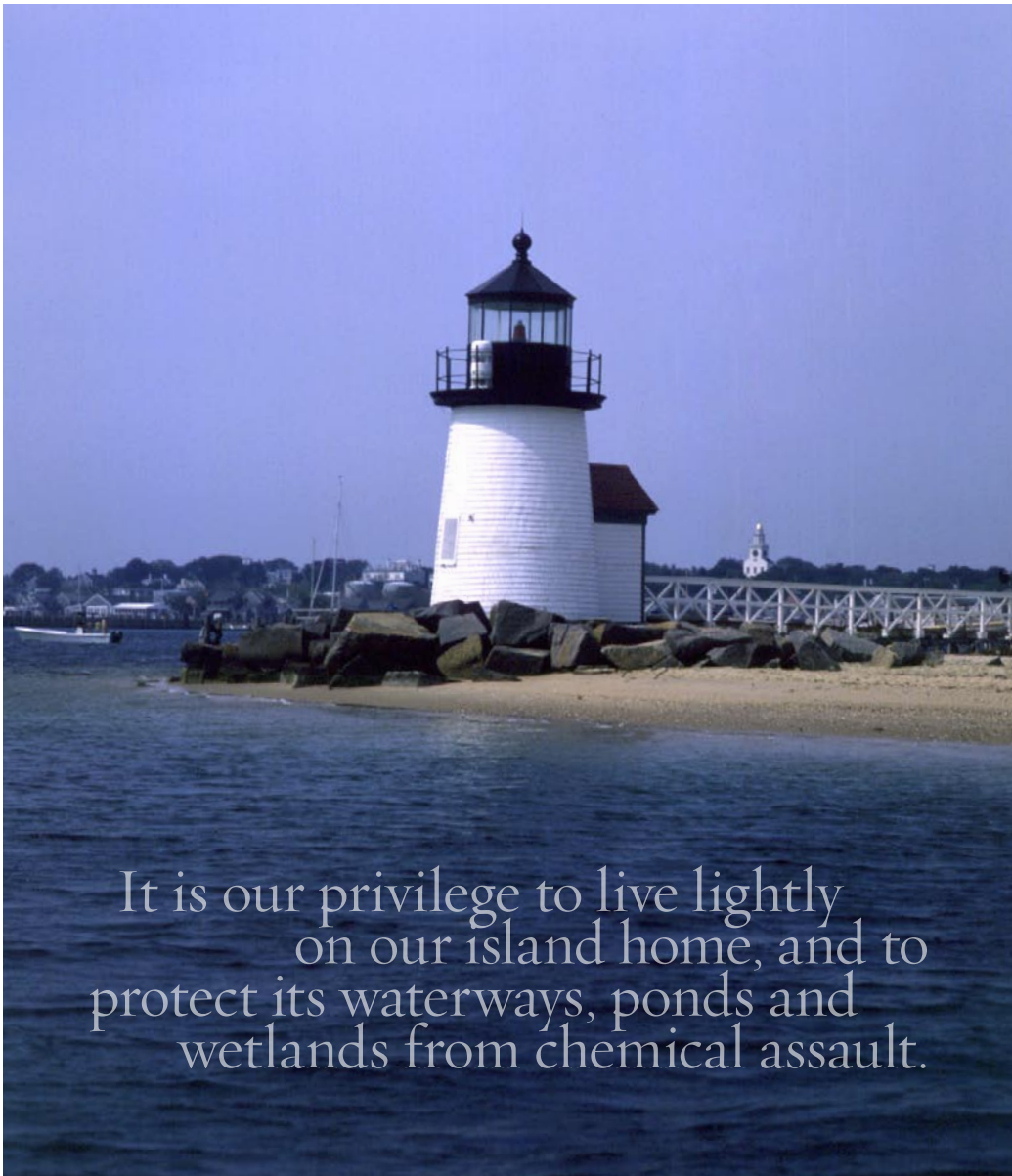






I have always  
loved sunlight  
and ocean  
breezes, but  
I found that  
natural light and  
fresh air are also  
crucial for indoor  
air quality, and  
add to the joyful  
embrace of home.

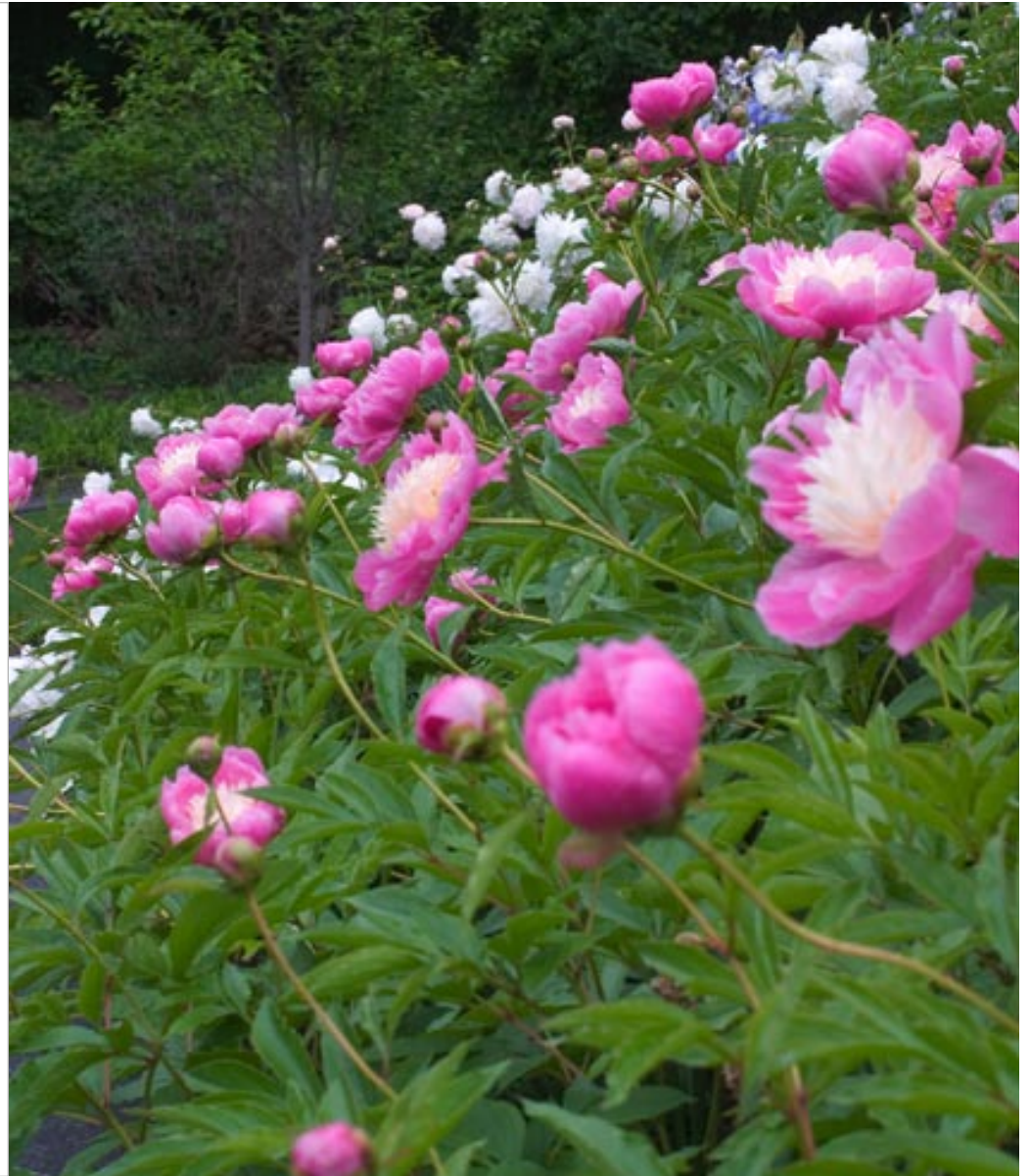




It is our privilege to live lightly  
on our island home, and to  
protect its waterways, ponds and  
wetlands from chemical assault.







There are many hazardous toxins contained in the 'normal' construction process, but the truth is, there's a healthy substitute for every one of them.



Creating a “green” house respects the health and well being of everyone involved in its creation, and everyone who calls it home.











A sense of place is often evoked by being acutely aware of the very special history of the space you inhabit.



It's impossible to own an island home and not



include a special place just for friends and family.

This is a wonderful time for all of us to take a deep breath and resolve to live lightly on the earth.

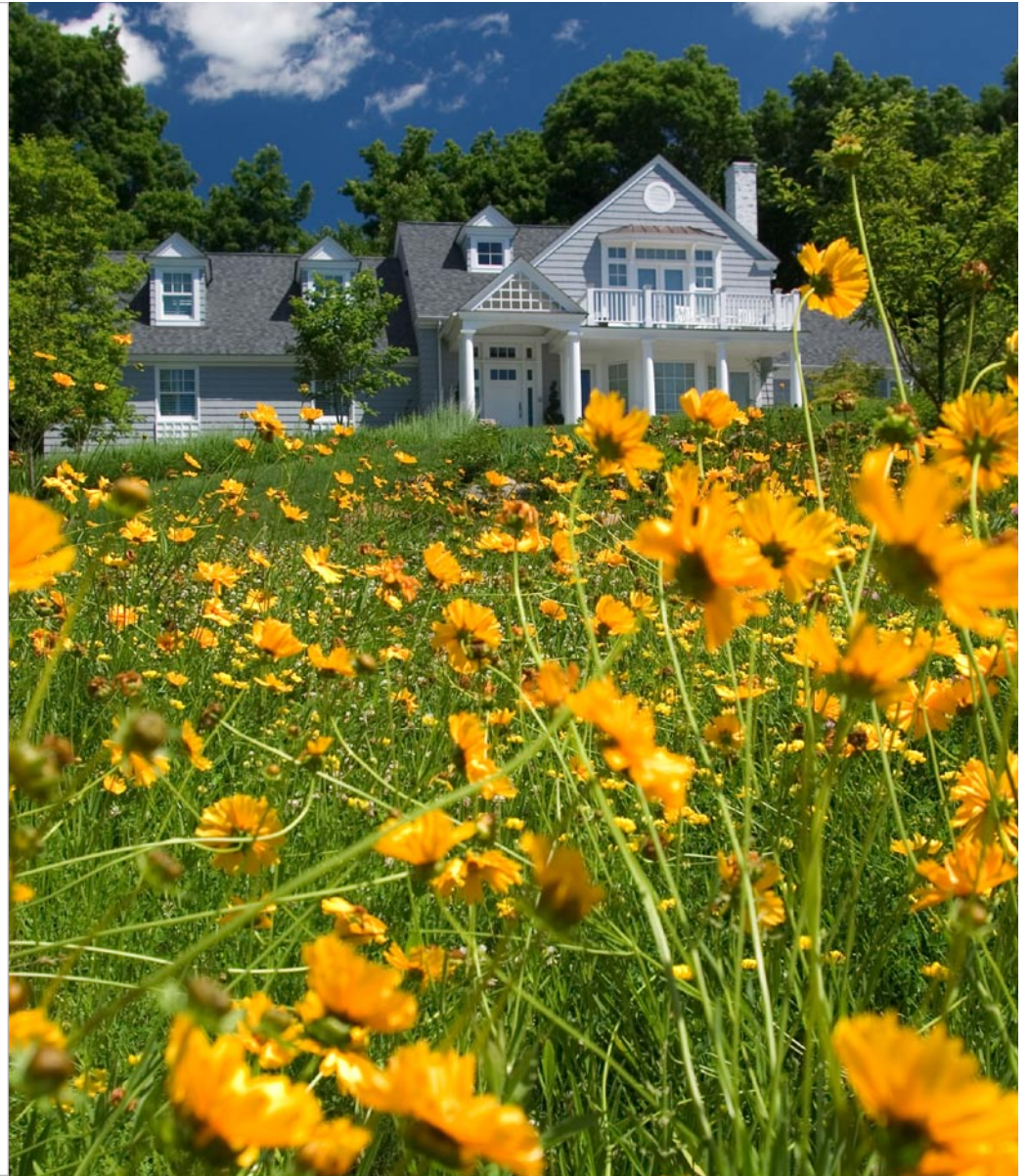




I avoid the subtle feeling of chaos in a room by choosing simplicity. Less is so often more.



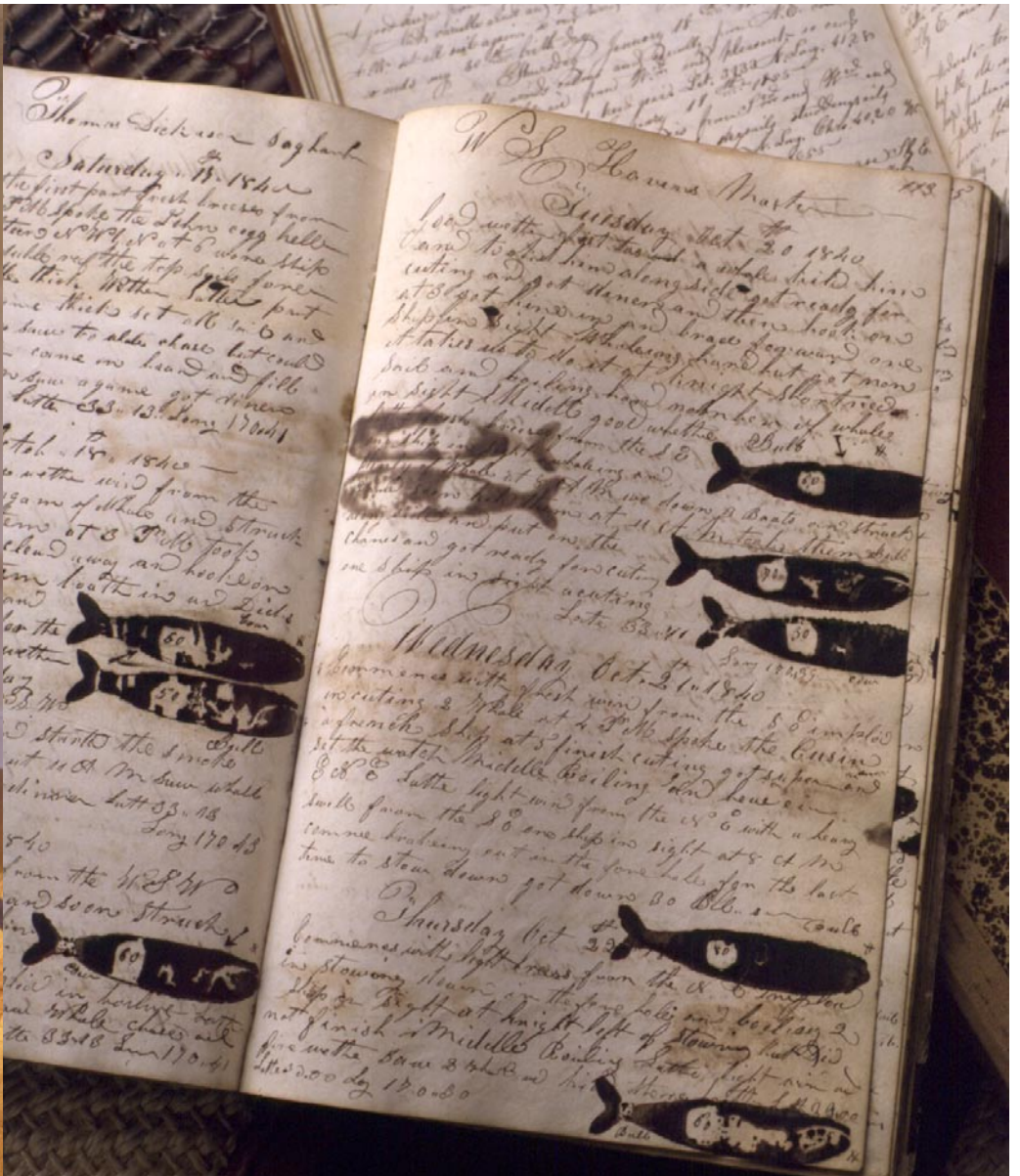






My goal is to help people achieve their dream of living in beautiful, well-designed homes, using the principles of sustainable design and construction.







#### ABOUT DUJARDIN DESIGN ASSOCIATES

For twenty-five years, Dujardin Design Associates, Inc. has created sophisticated interiors for some of the most elegant homes in Connecticut, Nantucket Island and throughout the country. Firm founder, Trudy Dujardin, ASID, has been an industry leader in sustainable design since 1987. A nationally recognized expert in sustainable design who has pioneered the creation of beautiful interiors devoid of toxic materials, Trudy Dujardin has received widespread national media attention. She is delighted that clients lovingly refer to her style as “eco-elegance.”

The mission of Dujardin Design Associates is to provide “excellence and quality in high-end interior design and customer service with creativity, integrity, honesty, high mindedness, in a genuine spirit of teamwork and caring”. Dujardin believes that a healthy home is the ultimate luxury. They continue to search for eco-friendly accessories and fabrics, sustainable woods, handmade wall coverings, fine contemporary and antique furniture and healthy building materials to create elegant interiors that are beautiful, environmentally sensitive and designed to elevate the client’s quality of life.



This book is dedicated to my husband Frank who supports and encourages me every step of the way and to the memory of my Bichon, B.B. who added humor to our day. And to my father, whose vision and skill became my design inspiration and who is, and always was, my rock.

Many thanks to F. Price Connors who burned the midnight oil to bring this book to fruition. And to Jill Cohen, Doug Turshen and Della Mancuso who turned my dream of a book into reality.

My appreciation and admiration goes to all of the photographers who created the images in this book including: Jeff Allen, Mark Borderud, Thibault Jeanson, Kristen Perman, Terry Pommert, Eric Rank, Durston Saylor, Union Street Inn-Rare Brick att-Dawn and Jack Weinhold.

**THE WORK OF DUJARDIN DESIGN ASSOCIATES  
HAS BEEN FEATURED IN:**

ARCHITECTURAL DIGEST

AVENUE MAGAZINE

CAPE COD & ISLAND HOME

COASTAL LIVING

COLONIAL HOMES

CONNECTICUT COTTAGES & GARDENS

COUNTRY LIVING

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NANTUCKET TODAY

PROGRESSIVE ARCHITECTURE

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